



WHAT'S HAPPENING AND WHAT'S NEW

Trustee of the Month
Sis. Sandra Powell

NOVEMBER BIRTHDAYS



Bro. Matthew Huggins 11/10
Sis. Eryka Abella 11/14
Sis. Barbara Hurt 11/21

825 Monte Diablo Avenue
San Mateo, CA 94401
650-343-1712
www.stjamesanmateo.org
stjamesamezchurch@gmail.com

MISSION

Our mission is to bring people to Christ by taking Christ to people.

VISION

We strive to be a church that is Christ centered, culturally relevant and community focused.

MOTTO

The church is not the building, it's the people. So come and be the church with us.

FROM THE PASTOR'S DESK



As we round out another year of using the same scripture three times a week: for Sunday morning Bible study, the preaching moment and Wednesday night Bible study, it's time to shake things up a bit. So, beginning in

December, the Sunday and Wednesday studies will continue to come from the Sunday school lectionary but the sermon will use one of the associated and alternate scriptures. In this way, the teaching teams will have more to work with in preparation for Wednesday night study and more importantly, this will create room for more interaction from the Bible study participants. While you can't ask questions during a sermon, you most certainly can and should during the study hours. Interacting with God's Word is how we get to know him more intimately!

One more change will occur as of December. the preaching moment will consist of series, rather than individual messages. Sermon series are linked so from week to week, they tell a full story by the end of each series. This method of preaching, while still securely tied to the Bible study scriptures, will give the listener a much broader view of what God's Word is conveying. The ministry team is excited about these changes. We hope you are too!

EYEGLASS COLLECTION DRIVE



Do you have eyeglasses hiding in the back of your closet or drawers? These go a long way toward helping to alleviate poverty in countries around the world. Join us in collecting glasses during the holidays.

Eyeglasses can enable:

- An adult to secure a job to support his or her family
- A child to succeed in school
- A senior to continue to live independently

- A parents or grandparents to see their child/grandchild's face clearly for the first time

This simple act of charity has the possibility of impacting many lives for years to come.


Donation Drive will take place November 6, 2022 thru January 8, 2023.

EAT SEASONALLY

NOVEMBER

EAT SEASONAL
WITH AHEALTHYLIFEFORME.COM

- APPLES
- BEETS
- BROCCOLI
- BRUSSELS SPROUTS
- BOK CHOY
- CABBAGE
- CARROTS
- CAULIFLOWER
- CHARD
- CHICORY
- COLLARD GREENS
- ESCAROLE
- FENNEL
- KALE
- PARSNIPS
- POTATOES
- RADICCHIO
- RADISHES
- TURNIPS
- WINTER SQUASH
- YAMS

BE THANKFUL



Be thankful that you don't already have everything you desire. If you did, what would there be to look forward to?

Be thankful when you don't know something, for it gives you the opportunity to learn.

Be thankful for the difficult times. During those times you grow.

Be thankful for your limitations, because they give you opportunities for improvement.

Be thankful for each new challenge, because it will build your strength and character.

Be thankful for your mistakes. They will teach you valuable lessons.

Be thankful when you're tired and weary, because it means you've made a difference.

It's easy to be thankful for the good things. A life of rich fulfillment comes to those who are also thankful for the setbacks.

Gratitude can turn a negative into a positive. Find a way to be thankful for your troubles, and they can become your blessings.

By Author Unknown

BE A BLESSING: GROCERY STORE KINDNESS



One particular day I rushed to the store to pick up something for dinner. I had just two hours to shop, cook, eat, and sit down to a Zoom meeting. As I dashed through the automatic door, I hoped desperately for short lines and a fast-moving individual at the register. My heart sank when I saw that everyone in town was there, and they all had made it to the line ahead of me. The man in front of me apparently had a large family; his basket was flowing over.

Before I could take my second deep breath and huff it out as quietly as possible, the gentleman with the overflowing basket turned to me and said, "You only have two things. Go ahead and get in front of me". I quickly laid my items onto the belt, thanking the kind man profusely.

One moment in time, one small act of kindness, one instantaneous connection, human to human, and the rest of my evening

fell into place. Imagine what the world would be like if random acts of kindness such as that one lived out in the grocery store were repeated all day, every day, everywhere, in the store, at the bus stop, in church, on the job, in the doctor's waiting room, in the classroom, at the conference table, at home. What peace!

God's Word lists Kindness as FRUIT OF THE HOLY SPIRIT (Gal 5:21-22). The botanical definition of a fruit is "the seed-bearing structure of the flowering plant". Fruit is seed-bearing. Kindness is fruit of the Spirit of God. I think I see what God has in mind. He wants us to deposit His Spirit, the Seeds of Kindness into one another, and by doing so, we cause one another to flower into the likeness of God.

Dear People of God, let us plant Kindness as often as we can. If you are having trouble finding opportunity to do so, take a quick trip to the grocery store and BE A BLESSING!

By Leona Nicholas Welch; Star of Zion

UPDATED COVID-19 BOOSTER NOW AVAILABLE FOR CHILDREN 5+



Vaccinate ALL 58

The updated, more protective booster is now available for everyone ages 5 and up who has completed their initial vaccine series. Even more of our family members can now be protected with this booster, keeping them safer

from the worst outcomes of COVID-19 such as hospitalization, long COVID, and death.

The updated booster was created to strengthen protection against the original coronavirus strain, while also targeting the newer, dominant variants that spread so widely this past summer.

The updated booster is an important tool for everyone ages 5 and up to take if it has been two months after their last vaccine dose, regardless of the type of dose received (primary series, additional doses or booster doses). It's here in time for the fall and winter months when we've come to expect a rise in COVID-19 cases. Getting your family boosted now will make the coming holiday gatherings safer for all.

Californians can go to COVID19.ca.gov for more information on COVID-19 and the latest public health guidelines. Visit MyTurn.ca.gov or call 833-422-4255 to find a vaccine or booster near you.

99%
of COVID-19
cases happened to
unvaccinated people.

VaccinateALL58.com

Vaccinate
ALL 58



Vaccinate **ALL 58**

Myth Buster

Myths about the COVID-19 booster vaccines are circulating online and within Californian communities, making it difficult to know what information to trust. In this document, we have outlined some of these common myths, along with trusted information to dispel each. Help us combat these rumors about the COVID-19 boosters by sharing out the facts!

Myth 1: COVID-19 updated boosters were not tested enough to be safe

TRUSTED INFORMATION:

- COVID-19 vaccines are safe and meet the FDA's rigorous scientific standards for safety, effectiveness, and manufacturing quality.
- The authorization of updated boosters followed a comprehensive scientific evaluation and robust scientific discussion.
- All vaccine development steps were taken to ensure COVID-19 vaccine safety.
- COVID-19 vaccines have undergone and will continue to undergo the most intensive safety monitoring in U.S. history.

Myth 2: COVID-19 vaccines and boosters do not work against variants

TRUSTED INFORMATION:

- COVID-19 vaccines are effective at preventing infection, serious illness, and death. Most people who get COVID-19 are unvaccinated.
- Updated COVID-19 boosters can both help restore protection that has decreased since previous vaccination and provide broader protection against newer variants.
- The updated, or bivalent boosters, target Omicron subvariants that are more contagious and more resistant than earlier strains of Omicron.

Myth 3: COVID-19 vaccines are unnecessary

TRUSTED INFORMATION:

- Based on the continued effectiveness of the vaccine to maintain strong immunity against severe illness and death, the FDA has authorized booster doses for eligible age groups.
- COVID-19 vaccines available in the United States are effective at protecting people from getting seriously ill, being hospitalized, and dying.
- Getting a COVID-19 vaccine or booster after you recover from COVID-19 infection provides added protection against COVID-19.

All information in this document was pulled from the trusted sources linked below:

- [Vaccinate ALL 58 \(VA58\)](#)
- [California Department of Public Health \(CDPH\)](#)
- [U.S. Centers for Disease Control \(CDC\)](#)
- [American Academy of Pediatrics \(AAP\)](#)
- [U.S Food and Drug Administration \(FDA\)](#)
- [Vaccine Adverse Event Reporting System \(VAERS\)](#)
- [National Institutes of Health \(NIH\)](#)

JOIN OUR

Community

Gathering

11/19/22

12:00 – 1:00PM

Educators and First Responders

1:00 – 4:00PM

All Community Members

St. James AME Zion Church
825 Monte Diablo Ave,
San Mateo

"Enter by side street level door"

***COVID-19**

Updated bivalent booster for 5 years and older

*** FLU SHOTS**

Regular & senior dose for 3 years and older

FIRST 50 ATTENDEES

To receive the COVID booster will receive a \$25 Safeway gift card and a free turkey.

DO YOU HAVE QUESTIONS OR CONCERNS ABOUT THE COVID VACCINATIONS, BOOSTERS AND FLU SHOTS?

Join us at St. James from 12:00 - 1:00 PM for a question & answer session with medical professionals. Once your questions are answered, head downstairs for your vaccination! Attend this session for a chance to win a \$50 gift card.



BAY AREA
Community Health
Advisory Council



Vaccinate ALL 58

Questions: Peninsula Health Care
District: 650-697-6900

Guardians/parents: please bring printed out
consent form to the clinic.



WALK UPS WELCOME

or register for an appointment at
www.mhealthsystem.com/STJames

REVERSE ADVENT CALENDAR

EACH DAY ADD AN ITEM TO A BOX.
ON CHRISTMAS EVE DONATE THE CONTENTS TO A
FOOD BANK.

- December 1 - box of cereal
- December 2 - peanut butter
- December 3 - stuffing mix
- December 4 - boxed potatoes
- December 5 - macaroni and cheese
- December 6 - canned fruit
- December 7 - canned tomatoes
- December 8 - canned tuna
- December 9 - dessert mix
- December 10 - jar of applesauce
- December 11 - canned sweet potatoes
- December 12 - cranberry sauce
- December 13 - canned beans
- December 14 - box of crackers
- December 15 - package of rice
- December 16 - package of oatmeal
- December 17 - package pasta
- December 18 - spaghetti sauce
- December 19 - chicken noodle soup
- December 20 - tomato soup
- December 21 - can corn
- December 22 - can mixed vegetables
- December 23 - can carrots
- December 24 - can green beans

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WORSHIP WITH US



Sunday Service

On site at 11:00
following COVID-19 protocols

Facebook Live

www.facebook.com/stjamesanmateo

Instagram Live

@stjamesamezchurch

Phone Audio

Call-In Number **1-669-900-9128**

or via Zoom

Meeting ID: 871 8884 0303

Passcode: 670043

Wednesday Night Bible Study

7:00p.m.-8:00 p.m.

Call-In Number **1-669-900-9128**

or via Zoom

Meeting ID: 871 8884 0303

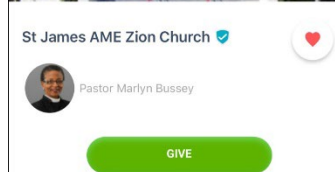
Passcode: 670043

A REMINDER FOR THOSE ATTENDING IN PERSON WORSHIP:

Please, please, please refrain from watching the sermon on your phone, iPad or other electronic device while worshipping in the sanctuary. There is a limited amount of bandwidth for streaming the service. Every device that is in operation in the sanctuary draws on that bandwidth and slows down the internet connection and the streaming capacity. Please help the tech team provide the best

possible delivery of the worship service to everyone by enjoying the worship experience live. Thank you so much for your cooperation and assistance.


TITHES AND OFFERINGS



Tithes & offerings can also be mailed to the church

Text Give to:
650-800-6925



 **Cash App**
\$stjamesanmateo

PIC•COLLAGE

WE WANT TO HEAR FROM YOU

- If you would like to accept Jesus Christ as your Lord and Savior
- If you have a prayer request
- If you would like to join St James AME Zion Church as a physical or e-member:
Please contact us directly at:
stjamesamezchurch@gmail.com

STAY CONNECTED

Website:

www.stjamesanmateo.org

Facebook:

www.facebook.com/stjamesanmateo

Instagram:

www.instagram.com/stjamesamezchurch/

Twitter:

www.twitter.com/stjamesamez

NOVEMBER PRAYER LIST



St. James AME Zion Church family, Pastor Marlyn Bussey and family, Board of Bishops, Bishop Brian Thompson and family, The AME Zion Church, Stephanie Page and family, Marie Davis and family, Sis. Jean Wilson and family, Sis. Evelyn Neely, Sis. Charlotte McAfee, Kyle Parker, Jr., Sis. Linda Clayton, the Lax family, those grieving losses, the people of Ukraine, the people of Iran as they fight for the fair treatment of women, the homeless and hurting; those fighting sickness, houses of faith, educators, students, the unemployed; students and educators, victims of gun violence, front line and essential workers, those traveling; the incarcerated; the lonely, those feeling as though they have no hope, all those who are blessed by the Care Portal Ministry, the children nourished by the Breakfast Tree Ministry. Congress, President Biden and his administration. Pray for those enduring extreme weather conditions. Finally, let us pray for all those we interceded for on Sunday morning and throughout the week.