



ST. JAMES AME ZION CHURCH | 2023 NEWSLETTER

WHAT'S HAPPENING AND WHAT'S NEW

Trustee of the Month
Sis. Jean Wilson

NOVEMBER BIRTHDAYS



Bro. Matthew Huggins 11/10
Sis. Barbara Hurt 11/21

825 Monte Diablo Avenue
San Mateo, CA 94401
650-343-1712
www.stjamesanmateo.org

MISSION

Our mission is to bring people to Christ by taking Christ to people.

VISION

We strive to be a church that is Christ centered, culturally relevant and community focused.

MOTTO

The church is not the building, it's the people. So come and be the church with us.

FROM THE PASTOR'S DESK: HAPPY NOVEMBER CHURCH FAMILY!



In case you weren't able to join us on November 6th for our Chat and Chew

after church, here's what we talked about so you stay up to date:

1. New Beginnings Housing at 831 Monte Diablo Avenue

Our plans to replace the existing duplex next door to the church with two 2bed/1bath, and 2 1bed/1bath units is in progress. Our purpose in doing this is to offer young people who are transitioning out of the foster system safe, affordable housing with wrap around supportive services so they can focus on job training and becoming established as young adults. We have hit a few delays due to the trees, however we pray (and please pray with us) that our application will be submitted to the city before the Christmas holiday. We also need prayer for the application to be approved on the first round. 3 women of financial means and great connections have partnered with us to fundraise the \$3.3 million needed to pay for the project in full. They are doing this to honor the memory of a beloved friend who died suddenly last year and had a passion for foster youth. I have agreed to name one of the units "Keiko's House" in memory of their friend in gratitude for their efforts. Individuals working with community organizations can have their organizations adopt a room in the units and furnish that room. Our hope is that those who wish to donate will be able to make a five year commitment to continue to furnish the room as the tenants move on.

The fellowship hall will be used for the wrap around services. The tenants will be able to easily access what they need to know such as how to fill out taxes, apply for jobs, apply for WIC, etc. The

adult school is on board with us, having already committed to provide the job training they will need. Donations for use of the social hall will be residual income for St. James.

All funds for New Beginnings will be managed by the St. James Community Development Corporation (CDC). This is to keep a crystal clear boundary between the church finances which are tithes and offerings and the affordable housing finances which will be from grants and private donations.

2. Measure K Funds

Supervisor Noelia Corzo, who is our supervisor for District 2, has granted St. James \$60K for pre-development costs toward New Beginnings. \$30K will be given up front and \$30K is reimbursable. These funds will also be managed by the CDC. Thanks so much, Supervisor Corzo!

3. Office of Emergency Services Security Grant

Governor Newsom has added billions of dollars to the state budget in the form of security grants for houses of faith to ensure that they are secure as possible, in light of the political polarization, high amount of social, racial religious tension, and domestic terrorism that currently exists in our country. I applied a \$164K grant for St. James. A professional vulnerability assessment was required as part of the application and many thanks to Chief Barberini of SMPD who assigned Officer Jeanine Luna to complete the assessment for us, free of charge!

This is what the grant will allow us to do:
a. Replace the sanctuary doors, the media room, the fellowship hall doors

and the side door with bullet proof, emergency close doors.

b. Replace the bars on the windows in the fellowship hall so they open from the inside.

c. Renovate the Deaconess area including the door, which is 10 inches narrower than current code. This will allow a walker or wheelchair clear access from the sanctuary to safety in case of an emergency.

The sink and cabinets in that area will be replaced with a stand alone sink and half counter as well as a half bath where the choir closet currently exists.

d. Purchase an alarm system for the church and panic buttons in the media and in the pulpit. The media room will also have one way glass.

e. The back of the church and the sides of the building will be renovated for ease of wheelchair access in and out of the side gate.

f. The downstairs side exit door will be electrified so groups that use the fellowship hall can use a code to enter. Each organization will have their own code that we can enable for whatever period of time is appropriate and disable when no longer appropriate. Please Note: The elevator will remain locked going forward when not in use. A sign will be posted to request entry from an usher. It was noted as a point of vulnerability on the assessment.

Please pray with us that this grant is approved!

4. Training Needs

Bro. Sam Baker and Sis. Barbara Hurt need to be trained for their new positions they have accepted for this conference year. It is top-of-mind and at the top of Pastors to-do list!

5. Care Portal: A Refresher

Care Portal is an organization that partners with faith communities to provide goods and services to people in need. They send us requests for youth transitioning out of foster care and we determine whether we are able to supply the need. The ministry of kindness is used in order to fulfill the requests. Thank you for your faithfulness in giving to the ministry of kindness so we can bless those in need, both inside STJ and outside as well.

6. Adopt-a-School

This conference year, we added an additional school to our adopt-a-school ministry. We adopted Fiesta Gardens Elementary in addition to Lead Elementary because in 2025, Fiesta Gardens will relocate to the College Park school site, two blocks from the church and will become the new neighborhood school for the children of North Central. I have been working and praying for this for 15 years, so needless to say, I am thrilled that these children will no longer be bussed out of their neighborhood to attend school. So far this conference year, we have donated 80 pairs of shoes to the Lead Elementary clothes closet and a variety of breakfast items to Fiesta Gardens.

7. One Final Prayer Request

I reached out to Supervisor Corzo regarding the parking restrictions at the King Center that were recently enforced and have asked for a special permit for St. James Sundays from 9:30am-1:30pm and whenever we have a community worship service. She has in turn, contact Mayor Lee to see what can be done to accommodate my request. Pray that we are granted the exception

permit I have requested so we have designated parking for members and visitors to St. James.

I hope you are as grateful to God and as proud of St. James as I am. We may be small in number but we mighty in spirit, and are a lighthouse and a blessing from God to this community. Please pray with me that God will answer our prayers “exceedingly, abundantly, above all that we could ask or think!”

VETERANS DAY



Veterans Day is intended to honor and thank all military personnel who served the United States in all wars, particularly living veterans. It is marked by parades and church services and in many places the American flag is hung at half mast. A period of silence lasting two minutes may be held at 11am. Some schools are closed on Veterans Day, while others do not close, but choose to mark the occasion with special assemblies or other activities. Veterans Day is officially observed on November 11.

What is the difference between Veterans Day and Memorial Day? These two holidays both recognize the importance of military service, and they both honor the sacrifices made by active duty, Guard, Reserve troops, and family

members. But these two holidays are separate and distinct; there are good reasons why both are observed each year.

Memorial Day is, as the name implies, a time to pay respect and honor those who have died either while serving their country, as a result of military service, or after they have finished serving as a retired or separated veteran. Veterans Day honors those who have served in the past, present, and even pays tribute to those who will serve in the future.

Veterans Day is an opportunity show appreciation to veteran friends and family via social media or in person. You can also recognize Veterans Day by flying the American flag outside your home, visiting or volunteering at a Veteran facility, attending a local event, and by thanking veterans and their families for their service.

We send a loving “THANK YOU” to all Veterans...especially those who are members of our St. James family.

DIABETES AWARENESS MONTH



November is National Diabetes Month, a time when communities across the

country team up to bring attention to diabetes. This year's focus is on prediabetes and preventing diabetes.

Prediabetes is a serious health condition where your blood sugar levels are higher than normal, but not high enough yet to be diagnosed as type 2 diabetes. **According to the CDC, more than 1 in 3 U.S. adults have prediabetes—that's 88 million people—but the majority of people don't know they have it.**

The good news is that by making small healthy lifestyle changes, it is possible to prevent type 2 diabetes and even reverse your prediabetes.

Here are some tips to help manage prediabetes and prevent diabetes.

- **Take small steps.** Making changes to your lifestyle and daily habits can be hard, but you don't have to change everything at once. It is okay to start small. Remember that setbacks are normal and do not mean you have failed—the key is to get back on track as soon as you can.
- **Move more.** Limit time spent sitting and try to get at least 30 minutes of physical activity, 5 days a week. Start slowly by breaking it up throughout the day.
- **Choose healthier foods and drinks most of the time.** Pick

foods that are high in fiber and low in fat and sugar. Build a plate that includes a balance of vegetables, protein, and carbohydrates. Drink water instead of sweetened drinks.

- **Lose weight, track it, and keep it off.** You may be able to prevent or delay diabetes by losing 5 to 7 percent of your starting weight.
- **Seek support.** It is possible to reverse prediabetes. Making a plan, tracking your progress, and getting support from your health care professional and loved ones can help you make the necessary lifestyle changes.
- **Stay up to date on vaccinations.** The COVID-19 (booster shot, if eligible) and flu vaccines are especially important for people who may be more likely to get very sick from COVID-19 or the flu, such as people with diabetes.



EAT SEASONALLY



BE THANKFUL!

This year, as we gather to celebrate Thanksgiving, let's remember to celebrate the greatest gift of all — salvation through the Lord Jesus Christ.

Here are 17 Bible verses to help you reflect on the abundant blessings of God.

Please note that all Bible verses are from the NIV unless otherwise noted.

1 THESSALONIANS 5:16-18

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

PSALM 103:1-4

Praise the LORD, my soul; all my inmost being, praise His holy name. Praise the LORD, my soul, and forget not all His benefits — who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion.

COLOSSIANS 2:6-7 (NKJV)

As you therefore have received Christ Jesus the Lord, so walk in Him, rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving.

ISAIAH 12:4-5 (NASB)

And on that day you will say, "Give thanks to the LORD, call on His name. Make known His deeds among the peoples; make them remember that His name is exalted." Praise the LORD in song, for He has done glorious things; let this be known throughout the earth.

JAMES 1:17

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

1 CHRONICLES 16:34 (ESV)

Oh give thanks to the LORD, for He is good; for His steadfast love endures forever!

HEBREWS 12:28

Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our "God is a consuming fire."

PSALM 95:1-5 (NKJV)

Oh come, let us sing to the LORD! Let us shout joyfully to the Rock of our salvation. Let us come before His presence with thanksgiving; let us shout joyfully to Him with psalms. For the LORD is the great God, and the great King above all gods. In His hand are the deep places of the earth' the heights of the hills are His also. The sea is His, for He made it; and His hands formed the dry land.

PHILIPPIANS 4:4-7

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

PSALM 118:24 (ESV)

This is the day that the LORD has made; let us rejoice and be glad in it.

COLOSSIANS 3:15-17

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.

1 CHRONICLES 29:13 (NKJV)

"Now therefore, our God, we thank You and praise Your glorious name."

EPHESIANS 5:18-20 (NASB)

... but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your hearts to the Lord; always giving thanks for all things in the name of our Lord Jesus Christ to our God and Father.

PSALM 107:1-3 (ESV)

Oh give thanks to the LORD, for He is good, for His steadfast love endures forever! Let the redeemed of the LORD say so, whom He has

redeemed from trouble and gathered in from the lands, from the east and from the west, from the north and from the south.

HEBREWS 13:15

Through Jesus, therefore, let us continually offer to God a sacrifice of praise — the fruit of lips that openly profess His name.

PSALM 119:1-8

Blessed are those whose ways are blameless, who walk according to the law of the LORD.

Blessed are those who keep His statutes and seek Him with all their heart — they do no wrong but follow His ways.

You have laid down precepts that are to be fully obeyed. Oh, that my ways were steadfast in obeying your decrees! Then I would not be put to shame when I consider all your commands.

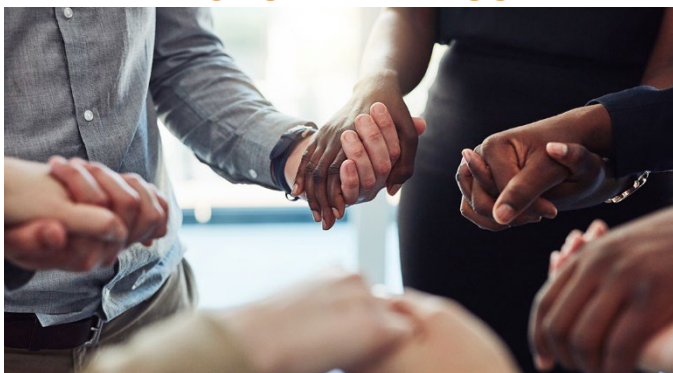
I will praise you with an upright heart as I learn your righteous laws. I will obey your decrees; do not utterly forsake me.

2 CORINTHIANS 9:15

Thanks be to God for His indescribable gift!



WORSHIP WITH US



Sunday Service

On site at 11:00
following COVID-19 protocols

Facebook Live

www.facebook.com/stjamesanmateo

Instagram Live

[@stjamesamezchurch](https://www.instagram.com/stjamesamezchurch)

Phone Audio

via Zoom

Meeting ID: 871 8884 0303

Passcode: 670043

Wednesday Night Bible Study

7:00p.m.-8:00 p.m.

via Zoom

Meeting ID: 871 8884 0303

Passcode: 670043

A REMINDER FOR THOSE ATTENDING IN PERSON WORSHIP:

Please, please, please refrain from watching the sermon on your phone, iPad or other electronic device while worshipping in the sanctuary. There is a limited amount of bandwidth for streaming the service. Every device that is in operation in the sanctuary draws on that bandwidth and slows down the

internet connection and the streaming capacity. Please help the tech team provide the best possible delivery of the worship service to everyone by enjoying the worship experience live. Thank you so much for your cooperation and assistance.

TITHES AND OFFERINGS

Tithes & offerings can also be mailed to the church

Text Give to:
650-800-6925

\$ Cash App
\$stjamesanmateo

PIC-COLLAGE

WE WANT TO HEAR FROM YOU

- If you would like to accept Jesus Christ as your Lord and Savior
- If you have a prayer request
- If you would like to join St James AME Zion Church as a physical or e-member:

Please contact us directly at:

stjamesamezchurch@gmail.com

STAY CONNECTED

Website:

www.stjamesanmateo.org

Facebook:

www.facebook.com/stjamesanmateo

Instagram:

www.instagram.com/stjamesamezchurch

Twitter:

www.twitter.com/stjamesame

SUNDAY MORNING Health Corner

Mo-vember: Focus on Men's Health

It's a fact: Black men don't go to the doctor enough. Our loved ones and communities suffer as a result.

Mo-vember is a campaign that promotes growing a moustache during November to raise awareness about men's health. It focuses on prostate cancer, mental health, and testicular cancer.

Why do Black men overlook the need for annual doctor visits? According to a recent article from **Word In Black**, common excuses include:

"I'm a'ight"

"I'm too busy"

"I don't like uncomfortable exams of my body"

Let's encourage Black men to take on healthier behaviors and go to the doctor every year. Try these tips::

- Have discussions about your family's health history
- Start or expand your church's health ministry
- Write down questions before a doctor visit

And, consider growing a moustache in November to represent your commitment to a healthy lifestyle!



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IN
GILEAD
INC.

1001 Boulders Parkway - Suite 510
Richmond, Virginia 23225



JOIN US FOR

*United in Thanksgiving:
A Community Celebration of
Gratitude*

**NOVEMBER 23, 2023
10:00 A.M.**

**825 MONTE DIABLO AVENUE,
SAN MATEO, CA**

St. James AME Zion Church, San Mateo
Congregational Church of San Mateo
Trinity Baptist Church, San Mateo
Peninsula Temple Beth El, San Mateo
Island United Church, Foster City
Congregational Church of the Peninsula,
Belmont

THANKSGIVING FOODS

D G E L O R E S S A C H M L V I E G C G
T R E D I C D E L L U M E N W V L F H R
L U A P P L E P I E I I X P Y A B T E U
E S R H S Q U A S H P V C A Z P S S R H
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Q U S E O T A T O P C H A R P C P E W P
T F D R U M S T I C K F N Q B S H I V J
Y G C K Q V R U A U D N I T A R G X E U

WORD LIST

APPLE PIE
BRUSSEL SPROUTS
CASSEROLE
CHERRY PIE
COLLARD GREENS
CORNBREAD
CORNUCOPIA
CRANBERRY SAUCE

CREAMED CORN
DINNER ROLLS
DRUMSTICK
GIBLETS
GLAZED CARROTS
GRATIN
GRAVY
GREEN BEANS

HAM
MAPLE SYRUP
MULLED CIDER
PARSNIPS
PECAN PIE
POTATOES
PUMPKIN PIE

SOUP
SQUASH
STUFFING
SWEET POTATO
TURKEY
VEGETABLES
YAMS

Homemade
GIFTS MADE EASY

More ways to connect!

St. James is now on the YouVersion Bible App!

Join us as we explore selected reading plans that will allow you to dig deeper and grow stronger in your faith formation.

Scan the QR code on the graphic below to get connected with us! ↘



St. James AME Zion Church

✓ My Church



Pastor
Rev. Dr. Marlyn Bussey



Address
825 Monte Diablo Avenue, San
Mateo, CA, USA



More Info



NOVEMBER PRAYER LIST



St. James Church family, Pastor Marlyn Bussey and family, Board of Bishops, Bishop Brian Thompson, Sr. and family, Bishop George Crenshaw, Rev. Rhonda Davis, Bro. DeMarcus, Rev. Jacquie Day, Sis. Page and family, Rev. Kristi Dunham, Rev. Nailah Hubbard. Sis. Marie Davis and family, Sis. Jean Wilson and family, Sis. Evelyn Neely, Sis. Pearl Rochon, Rev. Kristi Denham, Sis. Charlotte McAfee, Kyle Parker, Jr., Sis. Marcella Gehlhar, Sis. Nancy Compagno, Bro. Harry Olson, Jr., Sis. Linda Clayton, Ada Lax, Bro. Jamal Smith, Sis. Imaya. Our college students: Matthew Clinton, Drea Smith and Anika Hausner. Those grieving losses, those dealing with severe weather conditions all over the world, those dealing with the continual tragedy of gun violence, those caught in the crossfire of political power struggles, violence and death across the globe, the homeless and hurting. Those afflicted by sickness, safety for houses of faith, the unemployed; students and educators, those with housing and food insecurity, essential workers, those traveling. Approval of the New Beginnings Housing Project, Carrie Dubois, the incarcerated; the lonely, those feeling as though they have no hope. Approval of the OES Security Grant. All those who are blessed by the Care Portal Ministry, the children nourished by the Breakfast Tree Ministry. Congress, President Biden and his administration. The work of the Juvenile Justice Commission of San Mateo County, Supervisor Noelia Corzo, Mayor Amourence Lee. Finally, let us pray for all those we intercede for on Sunday mornings and throughout the week and those whose names are added to our prayer wall each Sunday.